

**WAKE FOREST UNIVERSITY SCHOOL OF MEDICINE**  
**Curriculum Vitae**

NAME	Brittany Watson, MD, MPH, BSN, FAAFP, DABOM
ACADEMIC TITLE:	Assistant Professor Department of Family and Community Medicine
ADDRESS	Department of Family and Community Medicine Wake Forest University School of Medicine Winston-Salem, NC 27104 843-992-3424 Brittany.N.Watson@advocatehealth.org
<b>EDUCATION</b>	
2012	Clemson University, Calhoun Honors College Clemson, SC Bachelor of Science in Nursing
2016	Medical University of South Carolina (MUSC) Charleston, SC Doctor of Medicine
2023	Harvard T.H. Chan School of Public Health Boston, MA Master of Public Health: Concentration in Health Policy
<b>POSTDOCTORAL TRAINING</b>	
2016 – 2017	Intern, Family Medicine Carolinas Medical Center Charlotte, NC
2017 – 2019	Resident, Family Medicine Carolinas Medical Center Charlotte, NC
2018 – 2019	Chief Resident Carolinas Medical Center Charlotte, NC
2021 – 2021	Leading Physician Wellbeing Scholar Leading Physician Wellbeing Certificate Program American Academy of Family Physicians
2022 – 2023	Fellow, Commonwealth Fund Fellowship in Minority Health Policy Harvard University Boston, MA
2024 – 2025	Fellow Leadership through Scholarship Fellowship Society of Teachers of Family Medicine

PROFESSIONAL LICENSURE

2017 – present      North Carolina Medical License, #2017-02052  
2019 – present      South Carolina Medical License, #83020

SPECIALTY CERTIFICATION

2019                      Diplomate, American Board of Family Medicine  
2024                      Diplomate, American Board of Obesity Medicine

EMPLOYMENT

Academic Appointments

Edward Via College of Osteopathic Medicine - Carolinas Campus  
2022 – 2022              Clinical Assistant Professor, Department of Family Medicine  
Harvard Medical School  
2022 – 2023              Research Fellow, Department of Global Health and Social Medicine  
2023 – 2025              Affiliate Faculty, Center for Primary Care  
Harvard T.H. Chan School of Public Health, Brigham Women's Hospital and Ariadne Labs  
2023 – present              Affiliate Faculty  
Wake Forest University School of Medicine  
2023 – present              Assistant Professor, Department of Family and Community Medicine  
2024 – present              Affiliate Faculty, Maya Angelou Research Center for Healthy  
Communities

Professional Experience

2019 – 2022              Family Physician (APP Supervisor), Affinity Health Center, Rock Hill, SC  
2019 – 2022              Affinity Health Center, Quality Improvement, Primary Care Lead  
2020 – present              Part-Time Family Physician, Atrium Health, Charlotte, NC  
2020 – 2022              Affinity Health Center, Supervisor  
2023 – present              Consultant, Initium Health, Denver, CO  
2023 – present              Associate Medical Director Consultant, North Carolina Department of  
Health and Human Services Division of Health Benefits (NC Medicaid)  
2023 – present              Family Physician, United Health Centers, Winston-Salem, NC 2023  
2023 – present              Attending Physician, Atrium Health Wake Forest Baptist Medical Center

## ADMINISTRATIVE SERVICE

### Departmental Service

2018 – 2019	Resident Selection Committee Department of Family Medicine Carolinas Medical Center
2023 – present	Research Committee Department of Family and Community Medicine

### Institutional Service – Carolinas Medical Center

2016 – 2019	House Staff Liaison Committee
2018 – 2019	Chair of Philanthropy
2025 – present	Admissions Committee

## EXTRAMURAL APPOINTMENTS AND SERVICE

### Board Member

2019 – present	Board of Directors, Shelter Health Services, Charlotte, NC
2023 – present	Board of Directors, Women's Empowerment and Birth Equity Institute, Charlotte, NC

### Steering Committee Member

2021 – 2022	Committee Member, Impact York County, Rock Hill, SC
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### Committee Member

2021 – 2024	Developing New Allies, Cover SC
2023 – present	International Myeloma Foundation African American Initiative Council

## PROFESSIONAL MEMBERSHIPS AND SERVICE

2012 – 2016	Student National Medical Association, Member
2015 – 2015	American Academy of Family Physicians Student Liaison to the Student National Medical Association Family Medicine Interest Group Network
2018 – 2018	American Academy of Family Physicians Resident Member, Commission on Health of the Public and Science
2018 – present	Society of Teachers of Family Medicine, Member
2018 – present	National Medical Association, Member
2021 – present	North Carolina Academy of Family Physicians Workforce Pipeline Committee
2022 – present	American Public Health Association, Member

## PROFESSIONAL MEMBERSHIPS AND SERVICE

2023 – 2024	Academy Health, Member
2023 – present	Society of Teachers of Family Medicine Underrepresented in Medicine Mentoring Program, Mentee
2024 – present	Charlotte Medical Dental Pharmaceutical Association, Treasurer

## HONORS AND AWARDS

2013 – 2014	Presidential Scholar, MUSC
2015	Gold Humanism Honor Society Inductee
2015 – 2016	Emerging Leader, American Academy of Family Physicians Foundation Family Medicine Leads Emerging Leader Institute
2016	Student to Service Scholar, National Health Service Corps
2016	Earl B. Higgins Leadership in Diversity Award, MUSC
2016	Hiram B. Curry Award for exceptional Community Service, MUSC
2016	Leonard Tow Humanism in Medicine, Arnold P. Gold Foundation
2016	Palmira Silva Shape Award for service to the community, MUSC
2018	Outstanding Resident, Carolinas Medical Center, Dept. of Family Medicine
2019	Academy of Educators Inductee, University of North Carolina School of Medicine
2019	Outstanding Resident Teaching Award, University of North Carolina School of Medicine- Charlotte Campus
2019	Resident Teacher Award, Society of Teachers of Family Medicine, Carolinas Medical Center
2023	Titus and Venus Award, Harvard Black Graduate Student Association

## GRANT FUNDING

### Currently Active Grants

23-23630g. The Commonwealth Fund (Brittany Watson, P.I) Promoting Equitable SGLT2 Inhibitor Access for Patients Living with Chronic Kidney Disease This project aims to assess the current landscape of evidence-based pharmacotherapy using SGLT2 inhibitors for people at risk for or living with chronic kidney disease and design a system intervention to advance equity in prescribing.	July 1, 2024- present \$15,000
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## CLINICAL INNOVATIONS AND INITIATIVES

### Clinical Innovations

2021 – 2021	Clinical Wellbeing, Affinity Health Center, Project Lead Rock Hill, SC Improvement in clinician satisfaction
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### Quality Improvement Initiatives

2020 – 2022	Improving Blood Pressure, Affinity Health Center Project Lead Rock Hill, SC 61% improvement in hypertension control
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## CLINICAL INNOVATIONS AND INITIATIVES

### Quality Improvement Initiatives

2020 – 2022	Improving Diabetes Control, Affinity Health Center, Project Lead Rock Hill, SC 25% reduction in uncontrolled diabetes
2020 – 2022	Improving Cancer Screening, Affinity Health Center, Project Lead Rock Hill, SC 115% improvement in breast cancer screenings, 63% improvement in colorectal cancer screening

## BIBLIOGRAPHY

### Peer-Reviewed Publications

1. **Watson BN**. Primary Care's Role in Eliminating Inequities in Kidney Transplant. *Am Fam Physician*. 2024;109(2):109-110. PMID: 38393790.
2. **Watson BN**, Estenson L, Eden AR, et al. Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions. *JAMA Network Open*. 2024;7(10):e2439851. doi:10.1001/jamanetworkopen.2024.39851
3. Kramer J, Gupta A, Ellis S, Reed J, McWilliams A, Pokharel Y, Debinski B, **Watson B**, Sparks N, Daniel S, Taylor YJ. Relationships Matter: Exploring the Impact of Patients' Familial, Community, and Provider Relationships on Hypertension Management. *Journal of General Internal Medicine*. 2025; <https://doi.org/10.1007/s11606-025-09470-1>
4. Kramer J, Johnson D, Wolf, K, Gupta A, Ellis S, Reed J, Pokharel Y, McWilliams A, Debinski B, **Watson B**, Assoumou BMT, Taylor Y. Utilizing a health equity framework to explore the patient-level factors impacting effective hypertension management across two academic health systems. *Med. Care Res. Rev.* 2025;0(0).

### Letters to the Editor

1. Reavis K, Harris D, **Watson BN**. Re: The Gender Wage Gap Among Early-Career Family Physicians. *J Am Board Fam Med*. Published online August 25, 2025. doi:[10.3122/jabfm.2024.240413R0](https://doi.org/10.3122/jabfm.2024.240413R0)

### Invited Publications

1. **Watson BN**, Diamantidis CJ. Missed Opportunities: Rethinking Primary Care Engagement in Dialysis-Dependent Populations. *American Journal of Kidney Diseases*. Published online August 19, 2025. doi:[10.1053/j.ajkd.2025.07.001](https://doi.org/10.1053/j.ajkd.2025.07.001)

### Media Presentations and Interviews

1. WFDD Public Radio: Gauging the impact of Medicaid expansion in North Carolina, January 17, 2024
2. The Multiple Chronic Conditions Resource Center Podcast, April 7, 2025

## PRESENTATIONS AT PROFESSIONAL MEETINGS

### Regional

1. **Watson B.** The Intricacies of Pediatric Psychiatric Admissions within a Practice Based Research Network and the Conundrum of Disposition. North Carolina Academy of Family Physicians Winter Conference 2017, Asheville, NC (Poster Presentation)

### National

1. **Watson B.** The Impact of Health Coaching at a Student-Run Free Clinic, Society of Student-Run Free Clinics Conference 2015, Atlanta, GA (Oral Presentation)
2. **Watson B**, Beesley R. The Intricacies of Pediatric Psychiatric Admissions within a Practice Based Research Network and the Conundrum of Disposition, North American Primary Care Research Group Practice-based Research Network 2018, Bethesda, MD (Oral Presentation)
3. Keating M, **Watson B**, Jones, K. Struggling with Advocacy Curriculum: Ideas to Expand Residency Advocacy Training. Society of Teachers of Family Medicine Spring Conference 2024, Los Angeles, CA (Roundtable Presentation)
4. **Watson B**, Person-Centered Care Planning for People Living with or at Risk for Multiple Chronic Conditions, Academy Health: Annual Conference on the Science of Dissemination and Implementation 2024, Washington, DC (Oral Presentation)

## INTRAMURAL PRESENTATIONS AND SEMINARS

1. **Watson B**, Hammond, A, Denizard-Thompson, N. From Classroom to Community: A Guided Health Equity Elective for Future Physicians, Health Professions Education Institute, Annual Health Educator Conference 2025, Charlotte, NC (Poster Presentation)
2. **Watson B**, Bridging the Gap: A Novel Medical Student Elective in Safety Net Healthcare, Health Professions Education Institute, Annual Health Educator Conference 2025, Charlotte, NC (Oral Presentation)

## INVITED EXTRAMURAL PRESENTATIONS AND SEMINARS

1. **Watson B.** Transition to Motherhood in Women of Low Socioeconomic Status, Greenville Hospital System 2012, Greenville, SC, (Poster Presentation)
2. **Watson B.** Health Awareness and Disparities in South Carolina on a Community Level, Williamsburg County Rally 2013, Hemingway, SC
3. **Watson B.** Carvers Bay High School Black History Month Keynote Speaker 2022, Virtual
4. **Watson B.** Advocacy in Primary Care, Grand Rounds 2023, Harvard Medical School Center for Primary Care, Boston, MA
5. **Watson B.** Build Your Advocacy Toolkit: Transforming Systems for Health Equity Student Workshop 2023, Harvard Medical School Center for Primary Care, Boston, MA
6. **Watson B.** Building Health Equity: Why it Matters and How to Take Action 2023, Northwestern University Virtual

## INVITED EXTRAMURAL PRESENTATIONS AND SEMINARS

7. **Watson B.** Advancing Person-Centered Care Planning for People Living with Multiple Chronic Conditions  
Minority Health Policy Annual Meeting 2023, Boston, MA
8. **Watson B.** Medicaid Expansion Roundtable, South Carolina American Cancer Society's Cancer Action Network 2023, Columbia, SC
9. **Watson B.** Overcoming Barriers to Care in Multiple Myeloma: A Call to Action 2023, Medscape Oncology, Virtual
10. **Watson B.** Physician Advocacy Panel Discussion 2023, Harvard Medical School Office of Diversity, Inclusion and Community Partnership, Virtual
11. **Watson B.** Keynote: Heal Thy Self: Cultivating Wellbeing on the Journey of Medicine, Family Medicine Day 2024, North Carolina Academy of Family Physicians, Raleigh, NC
12. **Watson B.** Navigating the Transplant System as a Physician, Caregiver, and Health Equity Expert 2024, American College of Cardiology Annual Conference, Atlanta, GA
13. **Watson B.** Why Collaborative Care in NC Now?. Behavioral Health Care Manager Summit 2024, NC Area Health Education Centers (AHEC), Raleigh, NC
14. **Watson B.** Where is the Collaborative Care Model (CoCM) in North Carolina Now?. Behavioral Health Care Manager Summit 2025, NC Area Health Education Centers (AHEC), Colfax, NC

## DIDACTIC/SYSTEMATIC INSTRUCTION

Harvard Medical School  
Small Group Instructor, Year 1, PWY 120: Essentials of the Profession (5 hrs.)  
January 2023

Wake Forest University School of Medicine  
Course Director, 4<sup>th</sup> Year Elective: Safety Net Elective  
July 2024 – present

Wake Forest University School of Medicine  
Co-Course Director, 3<sup>rd</sup> Year Longitudinal Curriculum: Health Equity  
August 2024 – present

## COMMUNITY ACTIVITIES AND SERVICE

2013 – 2016	CARES Clinic Director of Marketing and Development (2015-2016) Student-run free clinic for the local uninsured population.
2014 – 2020	Charleston and Charlotte Alumnae Chapters of Delta Sigma Theta Sorority, Inc. Delta GEMS Program Volunteer Coordinated and supervised engaging programming for a local teen girl group that promotes education, service, and enhances social skills.
2016 – 2016	PATCH Program Volunteer Mentored local underserved high school students interested in medicine.

## COMMUNITY ACTIVITIES AND SERVICE

2017 – 2025	<p>Shelter Health Services Volunteer Provided clinical services and conduct interactive discussion groups for residents living in a local homeless shelter for women and children. Currently serving on the board of directors.</p>
2017 – 2019	<p>Johnson C. Smith University/ Family Medicine Mentoring Program Mentor Mentored undergraduate students interested in medicine.</p>
2018 – 2019	<p>Big Brothers Big Sisters of America Big Sister Big sister to a fifth-grade student.</p>
2020 – 2022	<p>Charlotte Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Delta Academy Program Coordinator Designed and implemented age-appropriate programming for local middle school girls that promotes service, leadership, social skills, and STEM.</p>